



PRINCESS ROYAL  
TRAINING AWARD  
2018



## **Mental health and wellbeing network 2019—2020**

The following networking and CPD sessions are being offered at Eyres Monsell Primary School. These sessions will support schools with developing a mental health and wellbeing culture and can also support those schools working towards the Carnegie Centre of Excellence's 'Mental Health in Schools' Award'.

Sessions are being led by our Head teacher, Kerry Hill (*currently undertaking a Masters in School Leadership of Mental Health and our Mental Health Lead, Laura Nykolyszyn.*)

All sessions are 4pm until 5.30pm, at a cost of £20 per person, per session.

**Thursday 21st November 2019:** Introductory session. Sharing of EMPS practice and journey to become a Gold Mental Health Award status school and information linking to the Mental health award, through Leeds Beckett University's Carnegie Centre of Excellence.

**Wednesday 4th December 2019:** Leadership and strategy for mental health in schools

**Monday 20th January 2020:** School organization and structure for staff wellbeing and mental health

**Monday 10th February 2020:** School organization and structure for pupil wellbeing and mental health

**Monday 9th March 2020:** Providing staff support for mental health and wellbeing

**Monday 27th April 2020:** Providing pupil support for mental health and wellbeing.

**Monday 18th May 2020:** Staff professional development and learning. How can you upskill and educate our staff?

**Monday 8th June 2020:** Working with parents and carers

**Monday 6th July 2020:** Working with external agencies

**Monday 5th October 2020:** shared practice event. Support for final submission for mental health award.



***Additional bespoke CPD sessions on specific mental health areas will also be provided by external trainers across the year.***

***More information to follow.***

To book on any of the above contact: Pippa Whitmore

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Max 2 colleagues per school, per session.